Track: 2023-03-11 Il Monte Pellecchia — **Date: 11/03/2023**

Track: 2023-03-11 Il Monte Pellecchia	**IBP = 83 HKG**
These speeds are average for = HKG	
IBP index reliability= B	

Total length	16.03 Km
Analyzed distance	16.03 Km
Lineal distance	0.02 Km

Accumulated climb	857.6 m
Accumulated descent	869.4 m
Maximum height	1378.6 m
Minimal height	811.7 m
Climb rate	11.16 %
Descent rate	11.59 %
Positive climb difference per km	53.5 m
Negative descent difference per km	54.24 m

Total time	5:25:02 h
Time in movement	4:45:20 h
Stopped time	0:39:42 h

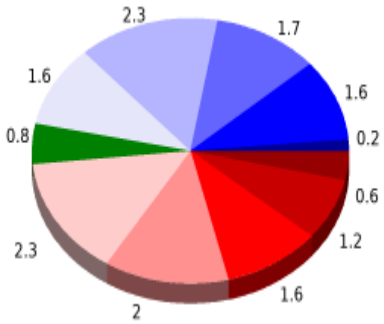
Total speed average	2.96 Km/h
Average speed in movement	3.37 Km/h
Maximum held speed	5.61 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	1026 (cad. 15.63 m)
Significant points	433 (cad. 37.11 m / 42.2 %)
Aberrant points	3 (0.29 % d. total)

Direction changes per km	13.47
Direction changes >5º per km	9.73
Accumulated straight stretches	1.907 Km
Straight stretches per km	118.96 m
Penalizables slope changes	8
Penalizables slope changes per km	0.499

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Summary of slopes

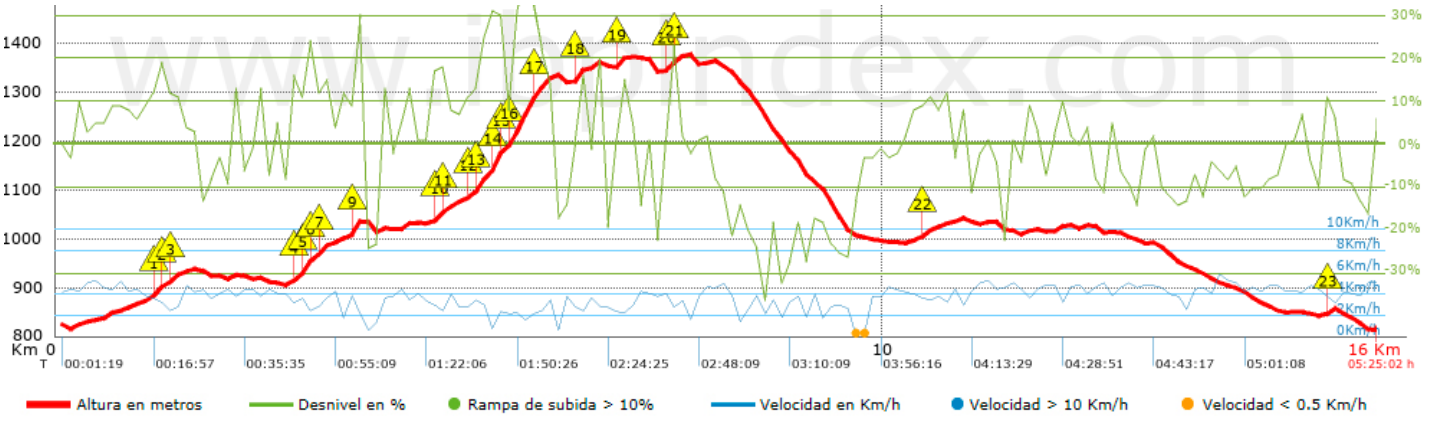


	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	0.556	3.47	1.88	0:17:45
	Between 15 and 30%	1.236	7.71	2.53	0:29:17
	Between 10 and 15%	1.629	10.16	3.29	0:29:41
	Between 5 and 10%	1.955	12.19	3.61	0:32:32
	Between 1 and 5%	2.312	14.42	3.72	0:37:15
	Total :	7.688	47.95	3.15	2:26:30
	Plain				
	Difference of 1%	0.845	5.27	3.79	0:13:23
	Breakdown descents				
	Between 1 and 5%	1.635	10.2	3.9	0:25:08
	Between 5 and 10%	2.266	14.14	4.08	0:33:21
	Between 10 and 15%	1.749	10.91	3.8	0:27:37
	Between 15 and 30%	1.647	10.27	2.95	0:33:32
	Between 30% and 55%	0.204	1.27	2.1	0:05:49
	Total :	7.501	46.78	3.59	2:05:27
	Total track :	16.03	100 %	3.37	4:45:20

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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
1	1.122	13 %	127 m
2	1.249	16 %	106 m
3	1.355	13 %	137 m
4	2.817	13 %	157 m
5	2.975	29 %	63 m
6	3.038	21 %	82 m
7	3.12	16 %	104 m
8	3.578	14 %	35 m
9	3.613	34 %	100 m
10	4.537	16 %	148 m
11	4.685	16 %	79 m
12	4.915	12 %	145 m
13	5.06	18 %	175 m
14	5.235	33 %	107 m
15	5.342	20 %	160 m
16	5.502	34 %	243 m
17	5.745	24 %	194 m
18	6.275	16 %	144 m
19	6.772	19 %	94 m
20	7.397	15 %	33 m
21	7.429	15 %	140 m
22	10.474	12 %	108 m
23	15.321	13 %	101 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
Total :	0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
3.714	0:03:17	1047	1:03:07	1:03:07	3.714
5.198	0:03:05	1123	1:37:17	0:34:10	1.484
6.009	0:07:20	1337	2:04:11	0:26:54	0.811
9.626	0:26:00 > 10´	1011	3:26:10	1:21:59	3.617
Total :	0:39:42 h				

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